

Gum Disease is due to a Bacterial Infection and your body's response to that infection. Other factors that may put you at an increased risk are:

- Family history
- Medications
- Age
- Gender
- Family transmission
- Smoking
- Prior gum disease
- Clenching/grinding
- Stress
- Osteoporosis
- Diabetes
- Hormones

Periodontal Disease may increase your risk for a variety of health concerns including:

- Diabetes
- Cardiovascular disease
- Stroke
- Lung Infections
- Preterm, low birth weight infants
- Respiratory diseases

These risk factors and health concerns have been confirmed by numerous studies and the Surgeon General. We would be happy to provide you with further information about the link between your oral health and your overall health.

Special Home Care Needs

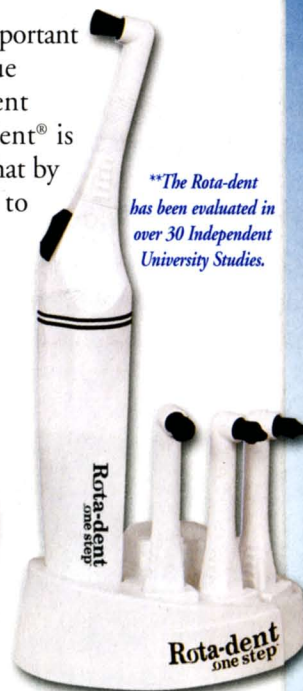
Because of the damage created by the periodontal infection you have special needs in daily care. Pockets have formed around your teeth and spaces have developed between them. Although floss is an excellent preventive aid it does not reach these areas or depressions under the gumline. That's why the Rota-dent One Step® is so effective. The fine, flexible filaments sweep into these areas and remove the plaque and bacterial buildup before it has a chance to re-infect.



Home care is a very important part of your Soft Tissue Management Treatment Program. The Rota-dent® is the only instrument that by itself has been proven to remove the bacteria from all the surfaces of the teeth including IN BETWEEN THE TEETH.**

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***The Rota-dent has been evaluated in over 30 Independent University Studies.*



Pro-Dentec®

P.O. Box 3889 • Batesville, AR 72503

*Some restrictions apply. See our limited lifetime warranty for full terms and conditions, available online at www.rotadentwarranty.com or call Pro-Dentec customer service at 1-800-752-2564.

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Soft Tissue Management® Treatment Program and You

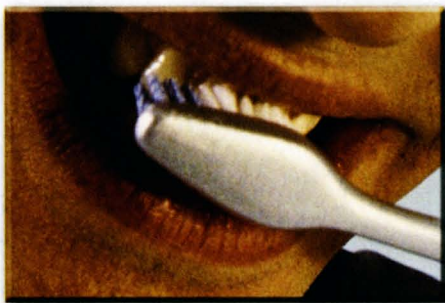


Dr. Larry Thigpen

3041 Vineville Ave.
Macon, GA 31204
(478) 750-0003

Periodontal Disease Second ONLY to the Common Cold!

Dental diseases (cavities and gum disease) are the most common diseases affecting people besides the common cold! With the addition of fluoride to our water and toothpaste, dental decay has almost become a problem of the past. But, it took the addition of fluoride to win that battle. Brushing and flossing alone did not work. The same is true with periodontal disease. Brushing and flossing may not be enough.



Manual toothbrushes often miss plaque between teeth and under gum line.

You're not alone! 75% of the population has some form of periodontal disease, but the majority do not realize it.

Toothbrushing cleans the smooth surfaces of the teeth and is an excellent way to prevent cavities. Gum disease starts **in between** the teeth. Regular toothbrushes can't reach these critical areas and most people don't or can't floss effectively.

Gingivitis is a bacterial infection of the gums that's reversible. However, periodontal disease is **gum and bone disease**. The infection has spread from the gum into the bone and permanent damage has occurred. There are several stages of this disease. If detected early it can be controlled.

Can't you Just Clean My Teeth?

Periodontal Disease is a serious infection. Evidence now links gum disease to a variety of health concerns including heart disease, stroke, diabetes and other degenerative diseases that are life threatening. **It's not just about your teeth anymore!**

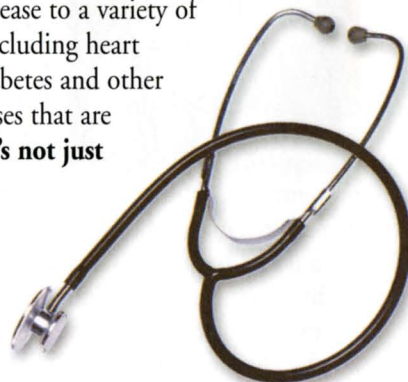
Periodontal disease can be a disfiguring disease. Your gums swell in size and become

very red and angry looking. They may bleed very readily. Your teeth may shift and dark spaces between your teeth may start showing. The teeth then become loose and may need to be removed.

Early detection as with other diseases is the key to successful treatment. Your dental professional will routinely perform a gum disease screening exam. This is recommended at least once a year by the American Dental Association.



The results of this exam will determine your periodontal status. If you have periodontal disease your treatment will be personalized for you and your level of infection. **A routine cleaning is not enough by itself to treat periodontal disease.**



The Surgeon General states that you can not have good overall health with out good oral health.

Soft Tissue Management Treatment Program

The treatment (root planing and scaling) consists of professional in-office care that detoxifies the tooth surfaces below the gum line and in between the teeth. Then a medicine will be used to flush out the bacteria that caused this infection.



A Partnership: Your Dental Professional and You

Besides your daily home care to remove plaque bacteria, your dental professional will recommend the appropriate interval of maintenance care. You will probably need to increase your hygiene visits from two to maybe three or four times per year to maintain the health achieved through your STM® Treatment Program.



Periodontal Disease can be Controlled!

Without careful on-going monitoring and treatment, periodontal disease can recur. Your daily care and professional maintenance visits are a commitment to better health.